

STOP and THINK.

David Thomas Crawley (BA (Hons), PGCE, MA, Artistic Director, and CEO) has had art displayed in Liverpool Biennial in 1999, and worked as a teacher and lecturer. David has struggled with his own mental health over the past few years and has attended help groups with First Person Project CIC, Mersecare, Jade Roberts Project CIC, New Beginnings Improving Lives, Samaritans, MIND, and RASA. Special thanks to all organisations that have helped.

STOP and THINK exhibition explores a personal journey over the past 15 years of being back in Liverpool and struggling with mental health.

STOP and THINK is David's fourth exhibition, brought about from David getting buses in and around Liverpool. It explores mental health from different perspectives, such as diversity in the city, global conflict, war, veteran mental health, homelessness in the UK, and more.

STOP and THINK brings mental health to the forefront.

You can join in, as an artist or participant, by taking a photo, or creating a painting, a drawing, a video still, or mixed media - of something **RED** (e.g. a STOP sign). Your submission needs to be no bigger than A4 and post to:

First Person Project C.I.C
6 Lodge Lane
Toxteth
Liverpool
L8 0QH.

or simply email an image to upandcomingartsmusic@gmail.com

We are putting a database together for musicians and DJs to play at the exhibition on Saturday 28th Sept 2024. If you would like to be considered, please email upandcomingartsmusic@gmail.com with your YouTube, Soundcloud or Spotify links. This event will be raising money for charity. Participants will be filmed live at the venue TBC. You will also be added to a database for forthcoming events.

There are NO admin or entry fees.

Deadline 20th September 2024 at 5pm.



C.I.C.

